



## NCHS Band Camp Rules and Guidelines

It is impossible to list all the “do’s and don’ts” that should be followed to make Marching Redhawks Band Camp a success. We know that as a Naperville Central High School student, you will conduct yourself appropriately to uphold the high standards of self-discipline and personal pride that have been a tradition of The Marching Redhawks! Generally, members are reminded of two concepts:

- 1. Is this behavior appropriate in this environment?*
- 2. If you are in doubt about something you are about to do, DON'T DO IT!!!*

Band Camp is considered an extension of the Naperville Central Campus. All relevant rules and expectations as contained in the Naperville Central “Parent-Student Handbook” and the Marching Redhawks Contract are in effect and will be enforced. **Any major infraction will result in your immediate dismissal from camp, with your parents/guardian providing transportation home.** Make sure that everything you do is only intended to make the Marching Redhawks the best they can be!

Camp Duncan has asked that we make all campers aware of the following policies and procedures:

1. **Check-in Orientation:** Upon arrival, a camp staff host will provide a required orientation for ALL group participants. The orientation will cover general safety regulations, communication in an emergency (missing persons, weather), security concerns, warning systems and meal procedures.

**No camper is to enter their cabin until a chaperone has checked for previous damage!**

**Absolutely, no boys are allowed in or near the girls’ cabins and no girls are allowed in or near the boys’ cabins!**

2. **Smoking:** Smoking is not permitted in any buildings on the camp property. Smokers (chaperones or staff only) must smoke outside and are asked to put the cigarette butts in a butt can.
3. **Supervision of group members:** Groups are responsible to provide supervision of all group participants at all times while using Camp Duncan facilities and or programs. It is the responsibility of the group leader to implement periodic attendance checks and buddy systems to assist in accounting for their group's participants throughout their stay at Camp Duncan.
4. **Alcohol and illegal drugs:** Alcohol and illegal drugs are prohibited on the property. Violators will be asked to leave the property.
5. **Camp Kitchen:** The kitchen is off limits to all group members. Group members are not allowed past the kitchen counter. Should you need something from the kitchen, please wait at the counter for kitchen staff assistance. Due to Lake County Health Department regulation, groups are not allowed to use the kitchen for snacks, meal preparations or programs.
6. **Lost and Found Items:** Any items found by the camp staff will be placed in the lost and found box in the main lodge. Unclaimed items will be given to a charity after two weeks.
7. **Leaving cabin/departing camp:** Groups are responsible for sweeping out cabins, turning off lights and shutting doors upon departure.
8. **Damage:** All damage is to be reported to the camp staff. Groups are financially responsible for any damage to facility or equipment caused by any members of the group. The following is the damage charge for occurred damages (this list is not limited to the items below). The camp will determine damage costs for all other items not listed below.

Broken Fence	\$25	Smoke Alarm	\$15
Mattress Covers	\$25	Moved bunk or parts of bunk	\$25
Screens	\$20-40	Broken florescent lights	\$25
Marks from driving on grass	\$50-200	Broken sink	\$40
Broken camp equipment	\$25-200	Faucets	\$50
Ground fire scars	\$50	Broken Windows	\$35-\$100
Fire Ext. Recharge	\$50	Screens Doors	\$65
Broom	\$10	Graffiti	\$20 per word
Scratches to lodge floor	\$50	Broken fire extinguisher glass	\$10
Missing Mattress	\$50	Litter	\$50

9. **Heaters in cabins:** Do not tamper or change the settings on the heaters. Contact the camp staff when assistance is needed with the heaters.
10. **Rules for specialized recreation activities:** Follow the specific program area, i.e.: pool, archery range, boating, climbing tower, high ropes, teams course, etc. Additionally, entrance by group participants to these areas is prohibited to any of the following program areas without a Camp Duncan staff person: high ropes, climbing tower, teams course, pool, archery ranges, and waterfront.
11. **Off limit areas:** Staff homes, maintenance shop area, the pit, kitchen, barn, are off limit areas for all group participants.
12. **Tables and lodge furniture:** Do not move the tables or furniture in the dining hall. It will scratch the polyurethane floor. If you need tables moved, contact the camp staff. Do not remove chairs from the main lodge.
13. **Unauthorized persons:** ALL visitors must check in with the camp staff. Any person on the camp property who did not check-in at the camp office is considered an unauthorized person. Unauthorized persons will be considered trespassers. Please notify the camp staff of any unauthorized persons on the property.
14. **Litter:** Put all garbage in the trash receptacles. Do not litter. Please put pop cans in the recycle bin by the pop machine in the main lodge.
15. **Campfires:** Campfires are restricted to presently established campfire rings. Groups are responsible to properly extinguish campfires.

16. **Search policy:** Camp Duncan staff reserve the right to search a participant's property, either by themselves or with the aid of law enforcement officials, if the camp staff deem the search is necessary to maintain the integrity of the camp's environment and/or the protection of the other group participants, staff or other campers. A search may or may not include the use of specially trained dogs.
17. **Weapons:** Weapons are prohibited at camp. A weapon can be deemed as any item designed to cause bodily harm or any item not "designated" to cause bodily harm that is deemed potentially harmful. All types of knives, firearms and dangerous items are prohibited on the camp property. If weapon is deemed potentially illegal, law enforcement officials will be contacted immediately. Additionally, Camp Duncan will assist law enforcement with prosecution to the fullest extent of the law.
18. **Personal property:** All personal property is the responsibility of the owner. Camp Duncan is not responsible for any loss or damage to personal property/equipment. Personal sporting equipment is the responsibility of the owner, including the liability and any negligence associated with the use of personal sports equipment.

If you have any questions or concerns about any of these guidelines, please check with Mr. Alstadt, Mr. Silder, or your cabin chaperone.

**It is your responsibility to see that Band Camp is a great success and a positive experience for everyone!**

# Things to Bring

## **Mandatory Items:**

### **Bedding:**

Twin fitted sheet  
Sleeping bag  
Pillow w/case

### **Clothing: All clothing must follow the most current NCHS dress code!**

T-shirts	Raingear/poncho
Shorts	Pajamas
Long pants	Flip-flop sandals (for showers)
Sneakers (2 pair)	Baseball hat/Visor
Jacket	Socks (make sure you have extras!)
Sweatshirt	Swimsuit
Undergarments	

### **Marching Supplies (Please make sure your name is on everything!):**

Instrument	Valve oil, reeds, etc.
Dot book	Water-jug (very LARGE)
Lanyard or shoelace for dot book	3 ring binder w/100 page protector sheets
3 pencils	2 highlighters (green/yellow)
Folding music stand	

### **Miscellaneous:**

Bug repellent – no aerosol	Shampoo
Sunscreen	Comb/brush
Soap w/soap case	Beach Towel
Deodorant	Laundry bag
Toothbrush/toothpaste	Flashlight
Bath towel	

### **Suggested Items:**

Backpack	Tissues
Snacks	Cold Pack – Insta-cold type
Walkman, CD player, Batteries	Band Aids
Alarm Clock	Sunburn relief product
Cell Phone w/charger	Ace Bandage (marching can be hard on those knees and ankles)
Camera	Postcards to write home
Swim goggles	

## Things to Leave at Home

Laptop computers – there is no internet access  
Valuable items you don't want to lose!

## Important Info

### Don't Forget

There are two **very important items** that every band camper should have. Please don't forget bug repellent and lots of sunscreen. Much of the discomfort that some students experience at camp is due to the fact that they don't use either of these items. It is especially important to apply sunscreen several times a day. You will be a much happier camper if you don't get a sunburn!

### Medications

Students are responsible for their own prescription or over-the-counter medications. Prescription medications must be brought to camp in a current pharmacy container clearly marked with the student's name. Over-the-counter medication should be in the original container, labeled with the student's name. We are not able to dispense any medications to the students. If you think that your child might need a pain reliever, allergy medicine, sunburn lotion, etc. include it in their camp supplies. Please inform them how to use the medication properly and stress the importance of not sharing their medicine with others.

### Visitors To Camp

We welcome you to come up and visit camp. What a great way to see the kids hard at work! Of course, no visitor would be allowed to interrupt rehearsals in any way. Visiting with your Marching Redhawk would only be allowed during regular breaks or meals. **We are unable to provide meals or overnight housing for visitors** not on the Camp Roster, so please plan ahead and bring your own picnic lunch or dinner.

### Camp Mailing Address

Everyone enjoys getting mail from home while at camp. Here is the Camp Duncan mailing address:

Student's Name – NCHS Band  
YMCA Camp Duncan  
32405 N NWY. 12  
Ingleside, IL 60041